# **Resource Guide for Orchard Park, NY**

# National Suicide Prevention Lifeline Lifeline offers free services 24/7. Call 800-273-TALK (8255) or visit suicidepreventionlifeline.org.

Help is also available in Spanish by calling 888-628-9454.

### Lifeline Crisis Chat

Visit <u>crisischat.org</u> to chat with crisis centers around the United States.

#### **Crisis Text Line**

Text **"MHFA" to 741-741** for free 24/7 crisis counseling or visit <u>crisistextline.org</u>.

# The Trevor Project

Specializing in supporting the LGBTQ community. Call **866-488-7386** or text **"START" to 678-678**. <u>thetrevorproject.org</u>.

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# Crisis Hotline: #988

# **Psychiatric Care**

- Western New York Children's Psychiatric Center
  - Address: 1010 East and West Rd, West Seneca, NY 14224
  - Phone: 716-677-7000

Provides services such as: Inpatient Treatment, Day Treatment, Outpatient Clinic, Health Home Care Management, Mobile Integration Team, Mobile Mental Health Consultation Team, Family Support, Common Sense Parenting Training

- WNY Psychiatry and Counseling Associates
  - o Address: 50 Dyke Rd, West Seneca, NY 14224
  - Phone: 716-635-5010

Provides services such as: Individual Counseling, Marriage and Couples Counseling, Family Counseling, Teens/Adolescent Counseling age 13+

### Mental Health Counseling & Supports

- Spectrum Health and Human Services
  - o Address: 326 Orchard Park Rd, West Seneca, NY 14224
  - Phone: 716-662-6638

Provides services such as: Mental Health Counseling, Personalized Recovery Oriented Services (PROS), Substance Use Counseling, 24/7 Crisis Support

- East Quaker
  - o Address: 6556 E Quaker St, Orchard Park, NY 14127
  - Phone: (716) 539-9232

Provides services such as: Counseling for children, adolescents, families, and couples.

#### • WNY Psychotherapy Services

- o Address: 70 Linwood Ave, Orchard Park, NY 14127
- Phone: (716) 675-9232

Provides services such as: depression treatment, marriage counseling, grief c counseling, eating disorder help, mood management, anger management, mental health tips, and other areas of treatment.

#### • Horizon Health Services

- o Address 1: 3345 Southwestern Blvd #100, Orchard Park, NY 14127
  - Phone: 716-662-6802
- o Address 2: 2563 Union Rd, Cheektowaga, NY 14227
  - Phone: 716-668-7622

Provides services such as: Outpatient Services for Mental Health and Substance Use Disorders, Children's Services, Family & Adolescent, Women's Services, Residential Treatment options, Telehealth.

#### • Evolve Counseling Services of WNY

- o Address: 3959 N Buffalo St, Orchard Park, NY 14127
- Phone: 716-331-2960

Provides: Mental Health Treatment

- Best Self Behavioral Services
  - Address: 255 Delaware Ave, Buffalo, NY 14202
  - Phone: 716-884-0888

Provides services such as: Outpatient Clinic which offers Mental Health & Substance Use Counseling, Health Assessment & Monitoring, Case Management, Peer Services for both children and adults.

#### Substance Use Supports for Youth

- Best Self and Kids Escaping Drugs Renaissance House
  - o 920 Harlem Rd, West Seneca, NY 14224
  - Phone: 716-827-9462

Provides services such as: Residential treatment provider serving ages 12-24

#### • Kids Escaping Drugs, Face2Face Early Interventions

- o 920 Harlem Rd, West Seneca, NY 14224
- Phone: 716-827-9462

Provides services such as: students identified as being "at risk" are provided with an opportunity for a session on the KED (Kids Escaping Drugs) campus with their parent(s)/guardian, a program specialist and a peer in recovery, parents are provided with educational materials and referrals to treatment as necessary

# Other Services

#### • Crisis Services

- o Address: 100 River Rock Dr Suite 300, Buffalo, NY 14207
- Hotlines:
  - 24 Hour Hotline: 716-834-3131
  - Crisis Chat with a Counselor: Monday-Friday 6pm to 11pm
  - Kids' Local Helpline: 716-834-1144
  - National Suicide Prevention Line: 1-800-273-8255

Provides: Support through any moments of urgency, free of charge!

#### • Mental Health Advocates of WNY

- o Address: 1021 Broadway 5th Floor, Buffalo, NY 14212
- Phone: 716-886-1242

Provides services such as: Child & Family Support Program, Operation COM (Children of the Military), Youth Peer Advocates support for youth/ young adults ages 13-26.

#### • Endeavor Health Services

- o Address: 1526 Walden Ave #400, Cheektowaga, NY 14225
- Phone: 716-895-6701

Provides services such as: Adult Mental Health, Child Mental Health, Substance Abuse Treatment, Crisis contacts for various counties, variety of issues located on their website.

#### • Family Solutions Center

- o Address: 4520 California Road, Orchard Park, NY 14127
- Phone: 716-209-8181

Provides services such as: support of community families with school age children, counseling to families to address parenting, school, social/emotional, and behavioral issues that interfere with a family's well-being.

If you have any additional questions or concerns about finding local support for a youth in need please do not hesitate to reach out!

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(716) 827-9462 ext. 314

920 Harlem Rd. West Seneca, Ny 14224