

## Resource Guide for West Seneca, NY

### National Suicide Prevention Lifeline

Lifeline offers free services 24/7.  
Call **800-273-TALK (8255)** or visit  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org).

*Help is also available in Spanish by calling 888-628-9454.*

### Crisis Text Line

Text **"MHFA" to 741-741**  
for free 24/7 crisis counseling or  
visit [crisistextline.org](http://crisistextline.org).

### Lifeline Crisis Chat

Visit [crisischat.org](http://crisischat.org) to chat  
with crisis centers around the  
United States.

### The Trevor Project

Specializing in supporting the LGBTQ  
community. Call **866-488-7386** or text  
**"START" to 678-678**. [thetrevorproject.org](http://thetrevorproject.org).

**Crisis Hotline: #988**

## Psychiatric Care

- **Western New York Children's Psychiatric Center**
  - Address: 1010 East and West Rd, West Seneca, NY 14224
  - Phone: 716-677-7000

Provides services such as: Inpatient Treatment, Day Treatment, Outpatient Clinic, Health Home Care Management, Mobile Integration Team, Mobile Mental Health Consultation Team, Family Support, Common Sense Parenting Training

- **WNY Psychiatry and Counseling Associates**
  - Address: 50 Dyke Rd, West Seneca, NY 14224
  - Phone: 716-635-5010

Provides services such as: Individual Counseling, Marriage and Couples Counseling, Family Counseling, Teens/Adolescent Counseling age 13+

## Mental Health Counseling & Supports

- **Spectrum Health and Human Services**
  - Address: 326 Orchard Park Rd, West Seneca, NY 14224
  - Phone: 716-828-0560

Provides services such as: Mental Health Counseling, Personalized Recovery Oriented Services (PROS), Substance Use Counseling, 24/7 Crisis Support

- **SCS Counseling**
  - Address: 300 Center Rd, West Seneca, NY 14224
  - Phone: 716-598-0063

Provides: services for issues surrounding trauma, anxiety and depression, grief and loss, parenting, coping with life changes, stress management

- **Evolve Counseling Services of WNY**
  - Address: 3959 N Buffalo St, Orchard Park, NY 14127
  - Phone: 716-331-2960

Provides: Mental Health Treatment

- **Horizon Health Services**
  - Address 1: 2563 Union Rd, Cheektowaga, NY 14227
    - Phone: 716-668-7622
  - Address 2: 3345 Southwestern Blvd #100, Orchard Park, NY 14127
    - Phone: 716-662-6802

Provides services such as: Outpatient Services for Mental Health and Substance Use Disorders, Children's Services, Family & Adolescent, Women's Services, Residential Treatment options, Telehealth.

- **Best Self Behavioral Services**
  - Address: 255 Delaware Ave, Buffalo, NY 14202
  - Phone: 716-884-0888

Provides services such as: Outpatient Clinic which offers Mental Health & Substance Use Counseling, Health Assessment & Monitoring, Case Management, Peer Services for both children and adults

### **Substance Use supports for Youth**

- **Best Self and Kids Escaping Drugs Renaissance House**
  - 920 Harlem Rd, West Seneca, NY 14224
  - Phone: 716-827-9462

Provides services such as: Residential treatment provider serving ages 12-24

- **Kids Escaping Drugs, Face2Face Early Interventions**
  - 920 Harlem Rd, West Seneca, NY 14224
  - Phone: 716-827-9462

Provides services such as: students identified as being "at risk" are provided with an opportunity for a session on the KED campus with their parent(s)/guardian, a program specialist and a peer in recovery, parents are provided with educational materials and referrals to treatment as necessary

### **Other Services**

- **Crisis Services**
  - Address: 100 River Rock Dr Suite 300, Buffalo, NY 14207
  - Hotlines:
    - 24 Hour Hotline: 716-834-3131
    - Crisis Chat with a Counselor: Monday-Friday 6pm to 11pm
    - Kids' Local Helpline: 716-834-1144
    - National Suicide Prevention Line: 1-800-273-8255

Provides: Support through any moments of urgency, free of charge!

- **Mental Health Advocates of WNY**

- Address: 1021 Broadway 5th Floor, Buffalo, NY 14212
- Phone: 716-886-1242

Provides services such as: Child & Family Support Program, Operation COM (Children of the Military), Youth Peer Advocates support for youth/ young adults ages 13-26

- **Endeavor Health Services**

- Address: 1526 Walden Ave #400, Cheektowaga, NY 14225
- Phone: 716-895-6701

Provides services such as: Adult Mental Health, Child Mental Health, Substance Abuse Treatment, Crisis contacts for various counties, variety of issues located on website

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If you have any additional questions or concerns about finding local support for a youth in need please do not hesitate to reach out!

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(716) 827-9462 ext. 314

920 Harlem Rd. West Seneca, Ny 14224